# SYSTEMIC DESIGN AND FACILITATION OF MEETINGS AND WORKSHOPS

EDITION 2021 ALEXANDER DOUJAK | ALEXANDER EXNER



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CONTENT	PAGE
0. INTRODUCTION	4
1. THE FACILITATORS' ROLE	5
<ul><li>WHY DO MANAGERS MEET?</li></ul>	6
<ul> <li>FACILITATION STYLES</li> </ul>	7
<ul> <li>THE FACILITATOR AS A SUPER HERO</li> </ul>	8
<ul> <li>THE SYSTEMIC / AGILE FACILITATOR</li> </ul>	9
<ul> <li>SYSTEMIC FACILITATION – WHAT DOES IT MEAN?</li> </ul>	10
<ul> <li>ROLE: THE SYSTEMIC FACILITATOR</li> </ul>	11
<ul> <li>THE TASKS</li> </ul>	12
<ul> <li>PROCESS: FACILITATION MEANS</li> </ul>	13
<ul><li>CO-FACILITATION</li></ul>	14
<ul> <li>THE FACILITATORS' NEUTRALITY</li> </ul>	15
2. FACILITATION PROCESS & TOOLS	17
<ul> <li>FACILITATION PROCESS</li> </ul>	18
<ul><li>PREPARATION</li></ul>	19
<ul><li>WARM UP</li></ul>	27
<ul> <li>CONTENT DIMENSION</li> </ul>	33
<ul> <li>PLACE / ROOM / SEATING ORDER</li> </ul>	40
<ul> <li>TIME DIMENSION</li> </ul>	45
<ul> <li>SOCIAL DIMENSION</li> </ul>	47
<ul><li>LANGUAGE</li></ul>	48
<ul><li>CLOSING / WRAP UP</li></ul>	49
<ul><li>FOLLOW UP</li></ul>	50

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CONTENT	PAGE
3. FACILITATING DIFFICULT SITUATIONS	52
<ul> <li>REASONS FOR GROUP PRESSURE</li> </ul>	54
<ul> <li>FACILITATIONG DIFFICULT SITUATIONS</li> </ul>	55
<ul> <li>DOMINANT PARTICIPANTS</li> </ul>	56
<ul><li>DOMINANT BOSS</li></ul>	58
<ul> <li>HANDLING OF COUNTER POLES/ARGUMENTS</li> </ul>	59
<ul> <li>HANDLING RESISTANCE/BLOCKING OF A TOPIC</li> </ul>	60
<ul> <li>HANDLING AGGRESSIVE ATMOSPHERE</li> </ul>	61
– HOW TO ACTIVATE PARTICIPANTS?	62
<ul> <li>HANDLING LACK OF DISCIPLINE - PREPARATION,</li> </ul>	63
UNPUNCTUALITY, BREAKING OF RULES	
<ul> <li>HANDLING MONOLOGUES AND ENDLESS DISCUSSIONS</li> </ul>	64
<ul> <li>ACHIEVING UNDERSTANDING AND COMMITMENT FOR</li> </ul>	65
HARD MEASURES	
4. LARGE GROUPS EVENTS	67
- OVERVIEW	68
<ul> <li>FUTURE CONFERENCE</li> </ul>	69
<ul> <li>REAL TIME STRATEGIC CHANGE (RTSC)</li> </ul>	71
<ul> <li>APPRECIATIVE INQUIRY SUMMIT</li> </ul>	73
<ul> <li>OPEN SPACE</li> </ul>	75
<ul><li>WORLD CAFE</li></ul>	77
5. VIRTUAL MEETINGS	79
<ul> <li>CHALLENGES / ADVANTAGES / DYNAMICS OF VIRTUAL</li> </ul>	81
COLLABORATION	
<ul> <li>10 TIPS FOR LEADING VIRTUAL TEAMS</li> </ul>	88

# 0. INTRODUCTION









# 1. THE FACILITATORS' ROLE



#### INTRODUCTION

## WHY DO MANAGERS MEET?

#### Different purposes of meetings and workshops:

- Exchanging information
- Discussing differing points of view
- Working on concepts
- Elaborating decision alternatives, solve problems
- Developing a common way of looking at things
- Implementing decisions
- Raising the commitment to decisions
- Monitoring and controlling progress
- Fighting for budgets
- Filling their calendars
- Preparing the communication of decisions

\_ ...



#### SOME ASPECTS

# FACILITATION STYLES





# THE FACILITATOR AS A SUPER HERO





# DISCUSSION LEADER ENTERTAINER MINUTE TAKER ORGANIZER LEADER DECISON MAKER REFEREE

# THE SYSTEMIC | AGILE FACILITATOR



DESIGNER FEEDBACK PROVIDER REFLECTOR **SENSOR & RESPONDER** TRANSPARENCY ADVOCATE BALANCER OF STRUCTURE & PROCESS CONTAINER/HOST ORCHESTRATOR CHOICE PROVIDER Specific General Problem Statement Specific Solutions RESEARCH ( INSIGHTS making creating choices choices

# SYSTEMIC FACILITATION – WHAT DOES IT MEAN?

Facilitation does NOT mean: "deciding"



# Facilitation means: creating space



# ROLE: THE SYSTEMIC FACILITATOR ...

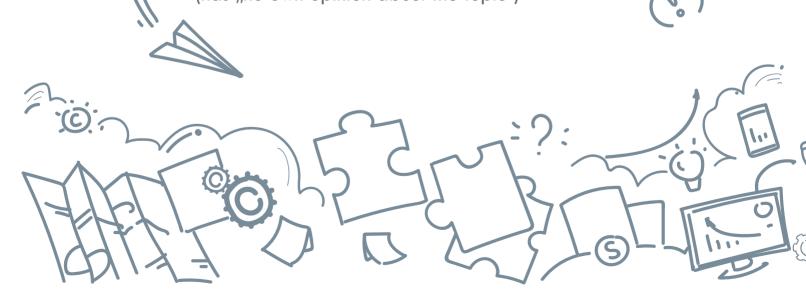
... is an expert with regard to the method, not the content

... accompanies and facilitates the process, steers it

... is structured and steers throughout the process

... makes sure that the rules of the game are observed

... is as neutral as possible referring contents (has "no own opinion about the topic")





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# THE TASKS



#### Content work:

Development of a meeting concept, designing the dramaturgy of the meeting, collecting and defining of goals and opinions, monitoring progress, visualization of results.



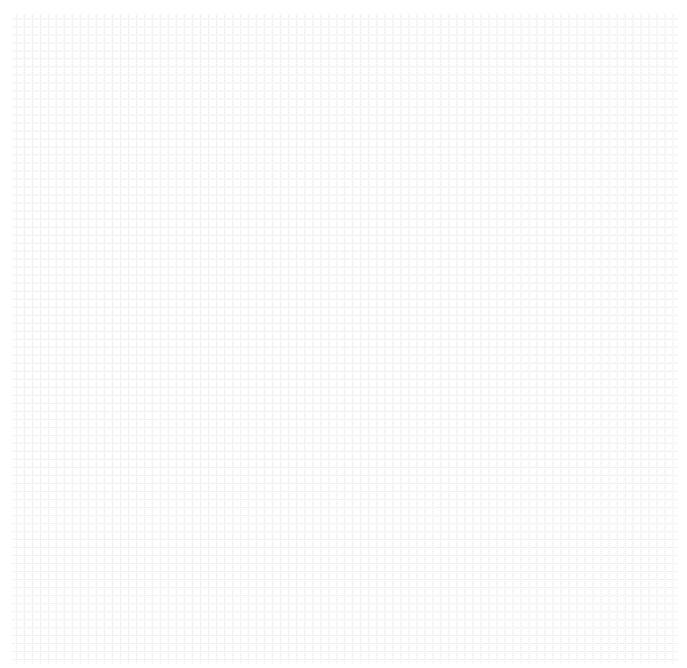
#### **Group dynamics:**

Instruction of participants, monitoring the process and the keeping of rules, observation of deviation from the goal and refocusing, motivation of participants, "facilitator" vs "escalator".



# Preparation/ facilitation/ follow up:

The facilitation starts with the first planning and ends with the communication of the results and its' follow up.



# PROCESS: FACILITATION MEANS ...



#### Leading

- Time / schedule
- Quality of the discussion



#### Creating balance and ensuring participation:

- Diversity of opinions
- Openness
- Comprehensibility and mutual understanding



#### **Ensure success monitoring:**

- Induce decisions
- Summarize to do's: Who, what, until when?
- Check the feasibility of the agreements

# Opening up/increasing creativity:

- Individually
- As a group



#### Close down/ focus:

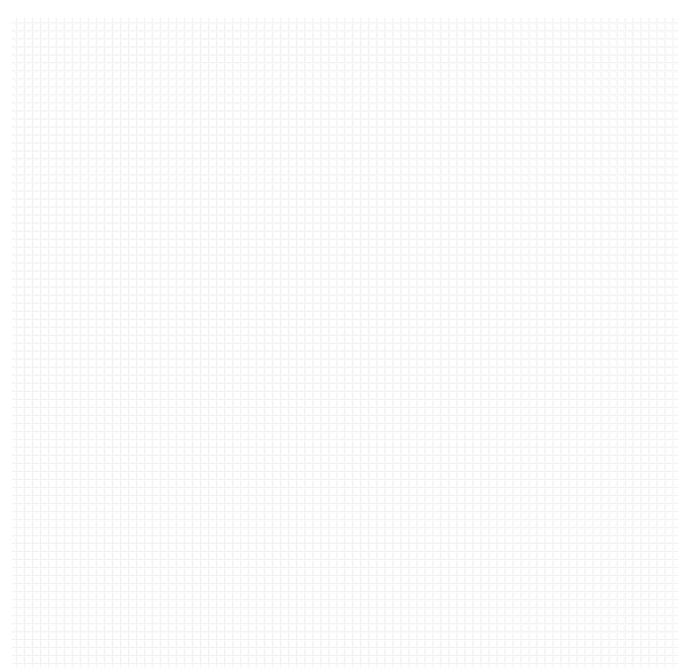
- On the content level
- On a time level
- On a social level

# CO-FACILITATION



#### DO I HAVE TO DO IT ALL BY MYSELF?

- Co-facilitation means sharing the facilitation tasks, bringing in variety of perspectives and allowing also a temporary delegation of the facilitation role.
- Example: The roles of the minute taker and timekeeper can be delegated to participants.
- Rotation of the facilitation role ensures that the meeting participants have all been wearing the "facilitation hat", thus creating more acceptance and understanding for the facilitation role itself.
- This is important especially for "self-facilitated" management teams (without internal or external consultants)!!!



## THE FACILITATORS' NEUTRALITY

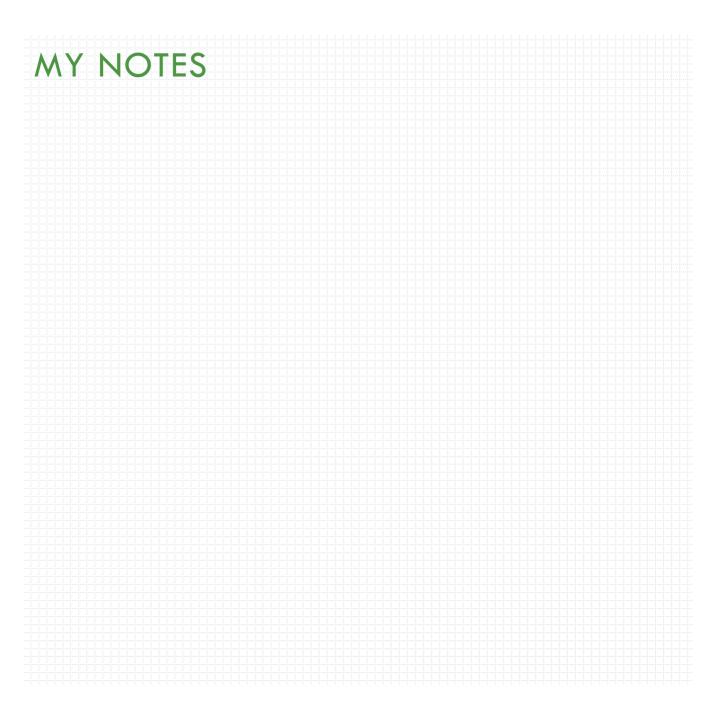
#### HOW NEUTRAL CAN OR SHOULD A FACILITATOR BE?

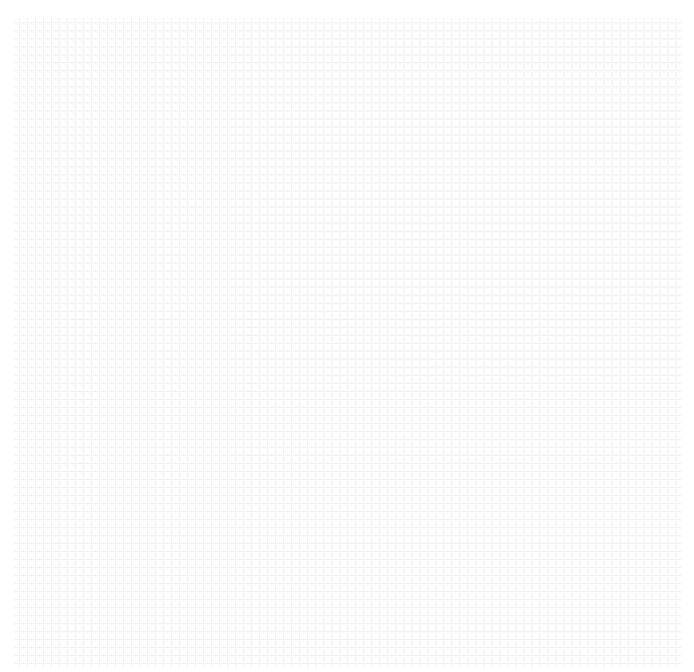
- In general the facilitator should be as neutral as possible.
- There are situations in meetings in which the neutrality can get in danger, e.g.
  - during content related discussions in which the facilitator is content expert.
  - decision making situations in which the facilitator has a vote as well.
  - in situations of conflict in which the facilitator should jump in as a leader of the team.

#### HOW TO DEAL WITH IT:

- Make transparent in which role you are acting whether you are switching from facilitator to expert, team member or leader.
- Delegate the facilitation role for this part of the session.









# 2. FACILITATION PROCESS AND TOOLS



# FACILITATION PROCESS

